

Amanda C. Anderson

Education	August 2006- May 15, 2010	B.S. in Psychology from Marian University of Fond du Lac with minors in Business, English, and Philosophy
	July 2010- September 30, 2014	M.S. in General Marriage and Family Counseling and Therapy from Capella University of Minnesota
	December 1, 2014 – June 9, 2023	Ph.D. in General Family Therapy from Northcentral University of Arizona
Licenses	March 21, 2006	Licensed co-owner of Anderson Automotive, LLC
	November 10, 2014 - January 18, 2021	Wisconsin Training License #435-228
	December 28, 2016	Licensed owner of Oshkosh Marriage and Family Therapy Center, LLC
	January 19, 2021 - February 28, 2027	Wisconsin Clinical License #1359-124
Professional Experience	March 2006 - Present	Co-owner of Anderson Automotive LLC, Oshkosh
	December 2016 – Present	Owner of Oshkosh Marriage and Family Therapy Center, LLC
	January 1, 2020 – March 29, 2020	MFT Supervision Course (MFT8970) through Northcentral University of Arizona
	April 20, 2023 – April 30, 2028	AAMFT Approved Supervisor
Practicum/Internships	July 8, 2013 - September 13, 2013	Practicum training for Master's Program at Kimberley Welk and Associates, llc
	October 7, 2013 - September 19, 2014	Internships I, II, III, IV training for Master's Program at Kimberley Welk and Associates, llc
	June 3, 2019 - August 25, 2019	Practicum training for Doctoral Program at Oshkosh Marriage and Family Therapy Center, LLC
	September 9, 2019 - present	Internship I training for Doctoral Program at Oshkosh Marriage and Family Therapy Center, LLC
Clinical Experience	September 20, 2013 - April 21, 2015	Training Licensed Therapist at Kimberley Welk and Associates, llc
	March 15, 2017 - January 18, 2021	Training Licensed Therapist at Oshkosh Marriage and Family Therapy Center, LLC
	January 19, 2021 - Present	Clinical Licensed Therapist at Oshkosh Marriage and Family Therapy Center, LLC
Related Experience	June 21, 2013	DSM 5 Training Webinar by Diane Gehart and Tracy Todd
	October 18, 2013	WAMFT Fall Ethic Conference featuring Gary Robbins "Collaborative Ethical Decision-Making: Bringing an Ethical Dilemma to your Colleague"

April 2014	PREPARE/ENRICH Facilitator for Couples and Group
April 7, 2014	WAMFT Spring Family Conference featuring Evan Imber-Black "Will Talking Make It Worse? Creating Family Conversations in the Context of Chronic & Life-Shortening Illness"
June 27, 2014	WAMFT Summer Couples Conference featuring Joshua Lipps & Jason Nicol "Triggered: Utilizing PET-C and Interpersonal Neurobiology to Enhance Couples Therapy Interventions"
October 16-19, 2014	AAMFT National Conference: Integrating Neuroscience and Family Systems in Anxiety - Glenn Veenstra Understanding and Motivating Gen Ys - Karyn Gordon SFBT with Adult LGBTQ Populations - Marc Coulter & Thorana Nelson Co-Creating Compelling Future Realities with High-Risk Adolescents - Matthew Selekman Steve de Shazer and Insoo Kim Berg: Storied Reflections About Genuine Pioneers - Michael Durrant & Michele Weiner-Davis Milton Erickson's Influence on Marriage and Family Therapy - Dale Bertram, Michael Rankin & John Lent Defining Sex-Positivity for Your Practice and Your Clients - Ruth Neustifter, Lisa Powell & Maria Tetro Dyadic Developmental Psychotherapy for Therapeutic Parenting - Amber LeFevour
November 21, 2014	WAMFT Fall Ethics Conference featuring Mark Hirschmann "Confidentiality in the Digital Age: Maintaining the Boundaries of Professional Information"
April 19-20, 2015	WAMFT Spring Family Conference: Student Presentations Workshop National Exam Prep Workshop "Creative Family Therapy Techniques" featuring Liana Lowenstien
March 18, 2017	WAMFT Spring Conference featuring Dr. Dana Stone "Meaningfully Engaging Multiracial Individuals, Couples, and Families in Therapy - Brief Workshop Overview"
April 25, 2018	WAMFT Spring Conference: "Emerging Family Dynamics in Sudden Deaths vs. Longer Dying Process Trajectories" - (Breakout Session) Jo Ann Brown "High Conflict Families . . . and Your Day in Court" - (Keynote) Dr. David Martindale
September 22, 2018	2018 WAMFT Summer Ethics Webinar featuring Dale E. Bertram "Principles of Marriage and Family Therapy Ethics"
March 9, 2019	2019 WAMFT March Webinar: Working with Video Gamers & Games in Therapy: Part 1 featuring Dr. Anthony Bean

March 10, 2019	2019 WAMFT March Webinar: Working with Video Gamers & Games in Therapy: Part 2 featuring Dr. Anthony Bean
July 19, 2019	2019 WAMFT July Webinar: Evidence-Based Clinical Practice: The Five Core Skills: Part 1 featuring Dr. Lee Williams
July 26, 2019	2019 WAMFT July Webinar: Evidence-Based Clinical Practice: The Five Core Skills: Part 2 featuring Dr. Lee Williams
August 23-25, 2019	EMDR Weekend 1 Training
October 19, 2019	2019 WAMFT October Conference "Art and Science in Action: High Impact Couples Therapy Using the Developmental Model" – (Keynote) Martha Kauppi "Models and Today's Systemic Practice" – (Breakout) Deb Polacek "The Healing Power Of Experiential Theory" – (Breakout) Judie Warren & Barbara Frohn
March 7, 2020	"Online Therapy: The Essential Elements" – Shelly Smith
March 19, 2020	"Online supervision: What you should know" – Rachel McCrickard
April 30, 2020	"Transitioning to Telehealth: Setting Your Practice Up for Long Term Success" – Sam Chlebowski of Brighter Vision
April 30, 2020	"Building Connections for Strategic Governance: A Collaborative Networking Approach" – Rebecca Cobb & Tess Wiggins Goodfellow
April 30, 2020	"Preparing for Leadership Roles on Regulatory Boards" – Richard Long & Steve Livingston
May 1, 2020	"The Accidental Leader" – Christie Eppler
May 1, 2020	"The Culturally Conscious Leader: – Christie Eppler & Jeanette Rodriguez
May 2, 2020	"The Feminization of Leadership? Opportunities for Women in Leadership in 2017" – Linda Schwallie
May 2, 2020	"From Therapist to Association Leader: An Isomorphic Process?" – Silvia Kaminsky
July 11, 2020 & July 12, 2020	2020 WAMFT July Ethics Webinar "Exploring Experiences of Diversity and Multiculturalism in the Therapeutic Process: Clinical and Ethical Considerations" – Jennifer Torres
September 18, 2020 & September 19, 2020	2020 WAMFT September Virtual Conference "Emotional and Binge Eating, Chronic Dieting, and Shame: What Clinicians Need Know" – (Keynote) Judith Matz "State to Trait, Mindfulness and Self-Care" – Sheri Austin (Workshop) "Food Fight: Eating Disorders and Adolescents" – Hilmar Wagner (Breakout) "Nurturing a Positive Relationship with Food in Families to Support Eating Disorder Prevention and Recovery" – Becky Schmechel & Jessica Herrimann (Breakout)

	"Facilitating Family Involvement in Eating Disorder Recovery" – Brenda Velissaris & Emily O'Connor (Breakout)
	"Building Stress Resilience" – Dr. Donna Rifken (Workshop)
October 19, 2020 - October 21, 2020	<p>WI-AIMH Virtual Conference</p> <p>"Every Child: Holding Stories of Inequity from a Compassionate Lens" – (Keynote) Barbara Stroud</p> <p>"Strengths of Black Families in Foster Care" – Jacquelyn Hunt</p> <p>"The Gifts and Burdens of Being Fully Present and Bearing Witness" – Carol Noddings Eichinger (Breakout)</p> <p>"Lived Experience Leadership: Where to Begin-A Panel Discussion" – Andrea Turtenwald, Rachel Swicky, & Jane Stueber (Breakout)</p> <p>"The Power of Presence: Attuning to Our Own Self-Regulation Skills in Order to Help Children" – Sarah Peters (Breakout)</p> <p>"How to Effectively Help Black Families to Center in Infant Mental Health Work" – Kisha Shanks (Breakout)</p> <p>"Rebuilding Trust Between Black Moms and Health Care Systems" – Jasmine Zapata (Breakout)</p> <p>"State-Level Efforts to Support Young Children, Families, Professionals, and Communities to Heal and Thrive as Our State Recovers from COVID-19" – Carrie Finkbiner & Kim Eithun (Breakout)</p> <p>"Overcome: What it Took for Me and What it Takes for Us" – Charisse Johnson (Breakout)</p>
October 23, 2020	<p>"Use of Telemedicine & Evaluating Strategies to Bridge the Gap in Medical & Psychotherapy Care of Sexual Health Issues" – Dr. Hajira Yasmin (Breakout)</p> <p>"Sexual Health Over the Lifespan for Therapists & Educators" – Martha Kauppi & Ellen Barnard (Breakout)</p> <p>"Treating' Low Desire/Frequency by Promoting Optimal Erotic Intimacy" - Dr. Peggy Kleinplatz (Breakout)</p> <p>"Ethical Considerations in Working with Out of Control Digital and Sexual Behaviors: Centering Treatment on Health" – Dr. Markie Twist (Breakout)</p>
November 12, 2020 - November 13, 2020	<p>"The State of Systemic Family Therapy and the World" – (Keynote) AAMFT Leadership Panel</p> <p>"MFT's for Systemic Change: A Call to Action" – Shacoya Graham (Breakout)</p> <p>"Beyond Borders: Reunifying Families in Family Therapy" – Ashley Landers, Jessica Simpson, Noah Gagner, Brittany Robinson (Breakout)</p> <p>"Creating New Pathways for Social Justice from the Experiences of Couple/Marriage and Family Therapists of Color" – Kara Erolin & Elizabeth Wieling (Breakout)</p>

	"A Common Struggle: A Personal Journey through the Past and Future of Mental Illness and Addiction" – (Keynote) Patrick Kennedy
	"Racial Socialization in Black Families and Clinical Implications" – Leslie Anderson, Margaret Caughy, & Margaret Owen (Breakout)
	"Common Factors of Couple Recovery from Problematic Pornography Use" – Travis Spencer, Alex Theobald, & Ryan Seedall (Breakout)
	"Helping Family Therapists work Ethically with LGBTQ Clients" – Ashley Walsdorf, Hoa Nguyen, Christi McGeorge, Katelyn Coburn, & Kristen Benson (Breakout)
December 14, 2020	"Utilizing Tele-mental Health to Conduct Effective Clinical Practice" – Dr. Blake Berryhill
March 27, 2021	"Supporting Transgender Clients Navigate Transition Processes" – Dr. Alex Iantaffi
April 24, 2021	"Ethical Thinking and Telehealth" – Lindsey Marsh
July 24 & 31, 2021	"The Historical System of Psychotherapy" – Lindsey Marsh
February 26, 2022	"Increasing Your Clinical Ability to Better Meet the Needs of Families Engaged in the Child Welfare System" – Dr. Asha Sutton
April 16, 2022	"5 Financial Divorce Myths" – Rhonda Noordyk
September 16, 2022- September 18, 2022	WAMFT September Conference "Treatment Planning Made Simple" – Dr. Diane Gehart
	"How to Protect your Finances and Business: Financial Planning for Mental Health Practitioners" – Nick Kavelaris and Taylor Scot
	"Trans in the Media" – Christopher Carpenter
	"How Mindfulness Can Assist Both the Therapist and the Client(s) Toward Successful Outcomes" – Tyler Van Zeeland
	"The Immigrant Experience and Media" – Purviben K. Trivedi-Ziemba
	"The Harsh Realities of Social Media's Impact on Intimate Relationships" – Charlece Bishop
	"Complex PTSD--Accurate Diagnosing and Effective Treatments" – Roger Reynolds
	"Relational Teletherapy During COVID-19: Perspectives from Clients, Therapists and Supervisors" – Dr. Candice Maier
March 18, 2023	"Couple Therapy in Uganda: Training and Implementation of Emotionally Focused Therapy in Culturally Diverse Context in Uganda" – Ronald Asiimwe & Pendo Galukande
June 17, 2023	"Sexless Relationships, Could Surrogate Partner Therapy Be A Way?" – Luree Benjamin
September 15, 2023-	WAMFT September Conference

September 17, 2023	<p>"Gender, Power, and Global Social Justice: The Healing Power of Psychotherapy" – Dr. Manijeh Daneshpour</p> <p>"Trauma Treatment: Resources and Reflections" – Dr. Erika Smith-Marek</p> <p>"Releasing Trauma" – Tyler Van Zeeland</p> <p>"Building Relationship Between LGBTQ+ Youth and their Caregivers" – Purviben K. Trivedi-Ziemba</p> <p>"Polyamory: A Clinical Toolkit through a Personal Lens" – Martha Kauppi</p> <p>"Intersections Between Artificial Intelligence and Therapy? Ethical Concerns and Potential Opportunities" – Dr. Heather Hessel</p> <p>"Practical Application of an Ethical Decision-Making Model (EDMM)" – Dr. Tia Crooms</p>
February 3, 2024	"They are just manipulating you!" – Dr. Jennifer Benjamin & Jessica Walters
May 2, 2024	"Can it really do that? Artificial intelligence (AI) in the therapist's office" – Dr. Heather Hessel & Dr. Kevin Hynes
November 4, 2024 - November 7, 2024	<p>2024 Systemic Family Therapy Conference</p> <p>AAMFT Approved Supervisor Refresher Course – John Robbins</p> <p>"Exploring How the Intersections of Race, Class, and Gender Uniquely Affects the Lives of Trans Women of Color" Keynote Laverne Cox</p> <p>"Supporting Couples in the First Year of Postpartum Through a Narrative & Solution Focused Lens" – Hazel Walker</p> <p>"When a Child Refuses Contact with a Parent After Divorce: What to do?" – Kalli Matsushashi</p> <p>"The Silent Crisis of Perinatal Mental Health" – Emily Pardy</p> <p>"Avoiding Legal Jeopardy When Working with High-Conflict Co-Parenting: Do's and Don'ts Part 1" – William F. Northey</p> <p>"The Neurobiology of Treatment of Couples Part 1 & 2" – Harvey Joanning</p> <p>"Advancing Disability Affirmative Therapy in Marriage and Family Therapy: Bridging Gaps for Inclusive Practice" – Manasi Shankar</p> <p>"Grant Writing: Developing Competitive Grant Applications" – Adriatik Likcani</p> <p>"Unfolding the Layers of Identity: An Integrative Approach to the Tripartite Personas in Family Therapy" – Anna Svetchnikov</p> <p>"Common Sexual Problems: Lessons from Couple Therapy" - Arthur Nielsen</p>
December 6-8, 2024	<p>WAMFT 3-Day Virtual Conference</p> <p>"BURNOUT is for women (or anyone) who has felt overwhelmed and exhausted by everything they have to do, yet still worried they weren't doing 'enough'" - Amelia Nagoski</p>

"Ethical considerations for the use of AI by therapists: Distinguishing between 'should,' 'shouldn't,' and 'maybe'" - Dr. Heather Hessel, LMFT & Dr. Kevin (Somi) Hynes (Kang)

"Navigating the Personal and Professional: The Therapist's Ethical Compass and Role in Emotional Self-Regulation" - Chris Carpenter

"Polyamory and Ethical Non-Monogamous Relationships Part 1 & Part 2" - Amanda Swisher

"The Biology, Application, and Testimonials of EMDR" - Amanda Westerlund

"Mindfulness Practices to Internalize Self-Calm" - Purviben K. Trivedi-Ziemba

April 5, 2025 "The Neurobiology and Treatment of Couples" - Dr. Harvey Joanning

Certifications

April 20, 2023 – April 30, 2028 AAMFT Approved Supervisor

Volunteerism

July 2014 - August 2017 WAMFT Conference Committee Member: help organize the volunteers, work with our keynote speaker, aid in planning presenters and what AV needs they might have, and coordinating information with other committee and board members

August 2017 - April 2018 WAMFT Interim Conference Chair: organize conferences, sponsors, advertisers, and tasks for committee members

April 2018 - January 1, 2020 WAMFT Geographic Interest Network Educational Subcommittee Chair: organize conferences, webinars, sponsors, advertisers, relationships between other organizations, website design, documentation for speakers, hotels, etc.

October 2019 - present WAMFT Alternate on the Wisconsin Council on Mental Health Legislative & Policy Committee

January 1, 2020 WAMFT Geographic Interest Network Chair-Elect: Contact between Leadership Team and Educational Subcommittee, submits what subcommittee members have decided to do to Leadership for final approval. Alternate for the Wisconsin Council on Mental Health Meeting of the Legislative and Policy Committee. Assist Chair in executing tasks for WAMFT. Assist Subcommittee in working within an annual budget that is provided and approved by the WAMFT Leadership Committee. Respond to emails from membership. Write articles for the newsletter on the subcommittee members and openings within the subcommittee. Attend GIN meetings and monthly Educational Subcommittee meetings. Create GIN and all subcommittee (networking, educational, and advocacy) meetings as events on the website, create online meeting rooms, and email reminders to these events. Create agendas for GIN and Educational Subcommittee meetings.

April 2020 - present Stakeholder for the Advisory Committee for the Wisconsin Quality Treatment Trainee (QTT) program grants which is an oversight committee for the Division of Care and Treatment, Department of Health Services and managed by the Center for

Inclusive Transition, Education and Employment (CITEE) at the University of Wisconsin-Whitewater

January 1, 2021 - present

WAMFT Geographic Interest Network Chair: Contact between Leadership Team and Advocacy Subcommittee, submits what subcommittee members have decided to do to Leadership for final approval. Representative for the Wisconsin Council on Mental Health Meeting of the Legislative and Policy Committee. Carry out the tasks for maintaining and executing the goals and objectives set forth on an annual basis for WAMFT. Respond to emails from membership. Assist Subcommittee in working within an annual budget that is provided and approved by the WAMFT Leadership Committee. Write articles for the newsletter on the subcommittee members and openings within the subcommittee. Works with treasurer on CEU authorizations and budget items.

Memberships

November 26, 2014 - December 31, 2021 AAMFT Pre-Clinical Fellow

November 26, 2014 - December 31, 2021 WAMFT Pre-Clinical Fellow

December 31, 2021 - present AAMFT Clinical Membership

December 31, 2021 - present WAMFT Clinical Membership

March 19, 2018 - February 27, 2023 APT Affiliate Member

February 27, 2023 - present APT Associate Member

September 11, 2018 - present AASECT Student Member

Publications & Workshops

December 2013 WAMFT Newsletter – “A Glance at How Ethics are Guiding One of Wisconsin’s Therapist’s in Training”

September 2014 WAMFT Newsletter – “Gaining Knowledge -- and Experience Beyond the Classroom”

April 19, 2015 – WAMFT Spring Conference – “Expressive Therapy Techniques to Help Individuals with Intellectual Disabilities Form Healthy Relationships”

October 19, 2019 – 2019 WAMFT October Conference – “Integrating Narrative Family Therapy with Geek Therapy for Child, Adolescent, and Young Adult Issues”

September/October 2020 – Family Therapy Magazine – “Inner Demons & Warriors: Integrating Geek Therapy and Narrative Family Therapy”

March 31, 2021 – Concerning Therapists (podcast): Erika and CJ | Listen Notes “Ep.3 – Geek Therapy with Amanda Anderson LMFT”
<https://www.listennotes.com/podcasts/concerning-therapists-erika-and-cj-hk3P5AKITED/>

December 8, 2024 – “AAMFT Code of Ethics and Several Applications of Lesser Discussed Codes”